



# Hollis Brookline Middle School

## KNIGHTLY NEWS

October 26, 2006

### From the Administration

As the fall quarter began, we welcomed our new 7<sup>th</sup> grade and we welcomed back our 8<sup>th</sup> grade, as well as faculty and staff. All were eager to begin the new school year, and we have had an incredible opening. The 7<sup>th</sup> graders have become fully accustomed to the middle school, from opening lockers to participating in assemblies. The 8<sup>th</sup> graders have gone on their first grade level field trip to Mt. Monadnock, all returned with tales of the climb and of course the view.

We have had an addition to our ROCK rituals this year, Word of the Week (WOW). Each vocabulary word is taken directly from the students' agendas and is reviewed with the students by ROCK teachers using many strategies that have included: drawing pictorial representations for the word, making lists of movies or people related to the word, as well as carrying on a conversation where each sentence contains the new and previous WOWs.

The completion of NECAP testing comes as the newsletter goes to publication. Students were tested in core blocks with their Team teachers. Grade 7 students participated in three sessions of math and three sessions of reading. Grade 8 completed the same plus two sessions of writing. Students and teachers look forward to the return of our daily routine.

Again we applaud the energy and efforts of our parents involved with the PTSA Magazine Drive. A special thanks to Shelly Bower and Merle Carrus who facilitated the fundraiser.

In our building we focus on the diverse needs of all students. As we work to recognize the problems of childhood obesity, teach our adolescents the correlation between proper nutrition and a healthy lifestyle, and keep those students with food allergies safe, we have let students and teachers know that students may have a fruit or vegetable snack in the mid morning. We will review mid year. Your feedback is valued.

Quarter 1 report cards will be distributed November 17<sup>th</sup>. Please look for your PTSA Membership card enclosed in your student's report card envelope.

As you know this is a pilot year; newsletters will no longer be mailed to your home. Instead, please visit our website [www.hbms.k12.nh.us](http://www.hbms.k12.nh.us) where you will find the current issue, as well as past issues of The Knightly News. Our next newsletter will be posted during the week of December 4<sup>th</sup>.

Thank-you for your continued support of the middle school program, we welcome your feedback, questions and concerns. Please contact either of us at anytime during the school year.

Patricia Lewis Goyette, Principal  
Kimberly Rizzo Saunders, Assistant Principal

### PTSA President's Report

We are amazed that it is October already. We hope that everyone has adjusted well to being back to school. Admittedly, it took us a while to leave summer behind.

We would like to remind you that it's not too late to join our PTSA. Our tasks range from staff appreciation luncheons to the creation of the student directory; from fundraising to granting teacher requests for equipment. We are here for the benefit of all of our students. We meet on the third Friday of the month in the school's library. Our next meeting is October 20<sup>th</sup> at 8:30AM. We invite all of you to attend, even just to see what we are all about.

The HBMS and HBHS PTSA sponsored a concession stand at the Hollis Old Home Day. We began organizing for the event in the beginning of August, with the big day being September 16<sup>th</sup>. We had many wonderful volunteers who helped with the planning, setting up, cooking, serving and cleaning up. It was privilege to work with them and to greet the many customers who bought our hot dogs, hamburgers, veggie burgers, chips and drinks.

Our magazine drive ran from September 20<sup>th</sup> thru October 5<sup>th</sup>. We thank all of you who supported our fundraiser, and remind you that you can order or renew magazine subscriptions by logging onto [www.asp.com](http://www.asp.com), click on the "Just Shopping" link and enter the Hollis Brookline ID# 425013255.

Rick Melillo will once again be our guest speaker for our Community Conversations. His 3-night series, Understanding and Managing Your Emotions, will take place on October 26<sup>th</sup>, and November 2<sup>nd</sup> and 9<sup>th</sup> from 7:00 – 8:30PM at HBMS. We encourage and welcome all of you to attend. \*Please note the change in dates.

As many of you might have noticed, our PTSA has a bulletin board in the entryway of our school. It is updated monthly with informational notes. Please read it whenever you might be in the school.

We are still collecting the Boxtops4Education in a jar in the front office. We thank Girl Scout Troop 226 for continuing to assist us with the collection and processing of these. Our students can also benefit from the following programs: 1) Hannaford Helps Schools (Between 9/3 and 2/2/07, receive a certificate with your shopping receipts for qualifying purchases. Simply place the certificate in the envelope marked "Hannaford Helps Schools" in the HBMS front office.) 2) Stop & Shop A+ BonusBucks (Designate HBMS using your own Stop & Shop card and our school ID #05282. Do this online at [www.stopandshop.com/aplus](http://www.stopandshop.com/aplus) or in person at the store.) We have earned thousands of dollars since we began participating in these programs. Your continued participation is appreciated.

We hope you enjoy the autumn season, and we look forward to seeing you in the school and at school events!

Susan Holroyd [sbholroyd@charter.net](mailto:sbholroyd@charter.net)  
Ruth Kabel [arkabel@juno.com](mailto:arkabel@juno.com)  
PTSA Co-Chairs

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# School and Community News

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## Emotion Management Workshops

Millions of Americans spend hours, days, weeks, months and years chasing the better job, the nicer car, the bigger house, the perfect mate. Why? This writer believes that in their pursuit of happiness they mistakenly assume happiness can be achieved by obtaining some external prize.

Millions of other Americans spend their days unable to seek anything but relief from the boredom, anger, anxiety, sadness or depression that seems to have a strangle hold on their lives. Their relief comes in many different forms. It can come in a bottle, a pill, an addiction to food or to sex. It can come in the form of self-injury or revenge. It can come in the form of violence or aggression or crimes against others or property.

Yet there are still millions of Americans who have found happiness in their lives despite all the pressures and challenges today's world seems to bring. How do they do this? How do they achieve consistent happiness/ contentment when so many others continue to struggle?

For over ten years, Richard Melillo has been helping adults and adolescents explore the answers to these questions. Since 1999 he has presented his 12-week Emotion Management Program to over 1,100 court-ordered clients.

As a service to the PTSA and the Parent Night program, Mr. Melillo has agreed to share some of the foundational principles and techniques of his twelve-week **Emotion Management Program** in a **3-night workshop**. Come join us as we explore ways to achieve consistent happiness and contentment in our lives.

These workshops **will be held at Hollis Brookline Middle School on Thursdays, October 26, November 2 and 9 at 7-8:30PM**. Contact Ruth Kabel at 465-7487 for further information.

## Milford Middle School Program Offering

**Art in Action** courses are being offered again this year by the Milford Middle School Enrichment Program. These courses provide an intensive art experience taught by local professional artists, and are open to all local students in grades 6-8. The Arts Courses will be held at MMS from 2:45-4:30 PM on three consecutive days, Wednesday, November 1 to Friday, November 3, culminating in a Talent Showcase the night of the 3<sup>rd</sup>. Courses are: **Improve your Improv** by Holly Countie, **Whimsical Ornaments**, by Sussy-Rose Shields, and **Capturing Natures Landscapes with Pastels**, by Elizabeth Cianci. The Program is funded in part by the MMS PTO and the National Endowment for the Arts and the NH State Council on the Arts. Brochures will be available in your Main Office or from your art teacher. A second series of art enrichment courses is planned for February, and will tentatively include Felting and Anime. For more information contact the AIA Coordinator, Dorothy Ledner, 672-0570 or [hanamattie@aol.com](mailto:hanamattie@aol.com), or the Enrichment Program Coordinator, Libby Anderson, 672-9876 or [mmsenrich@charter.net](mailto:mmsenrich@charter.net).

## Destination Imagination

It's DI time! Destination Imagination (DI) gives you a unique opportunity to explore the unlimited potential of your imagination. It encourages students to work creatively as a team to solve challenges, while promoting creativity, critical thinking, self confidence and teamwork.

Teams choose one of five problems, and present their solution in the form of an eight-minute skit. Teams must design and make their own sets and costumes, write the dialog and build technical elements. Teams need members with a variety of skills and interests, as everything must be done by team members without interference by adults.

For more information about this fun program, go to [www.nh-di.org](http://www.nh-di.org) or call Ruth Kabel at 465-7487. Students who are interested in participating should pick up a registration form in the HBMS office. Forms should be returned to the office by Friday, November 3, 2006.

Consider joining a team this year, it's a lot of fun!!

## Please Help the H.S. Field Hockey Team

The HBHS field hockey team will be doing **holiday gift wrapping at Barnes and Noble on Sunday, November 26, 2006 from 12:00-6:00pm, Saturday, December 9, 2006 from 4:00-10:00pm, and on Sunday, December 10, 2006 from 12:00-6:00pm** to help raise funds for their trip in February to participate in a national field hockey tournament. Please come out and support the team by doing your holiday shopping on those dates and having the girls wrap your purchases. Your support will be greatly appreciated. For more information, contact Eileen Kelly at 465-6755.

## School Directory Correction

There is an error in the MS student directory. On page 2 - Mary Thomas, Volunteer Coordinator, correct phone number is **465-3664**.

## Toy "Yard" Sale

The Hollis Elementary School's annual Toy "Yard" Sale is scheduled for **Saturday, November 4th, starting at 8:00am at the Hollis Upper Elementary School**. This is an eagerly awaited for event for those who want to get a jump on their Christmas shopping, pick up some puzzles and games, and poke through piles of Barbie clothes for new doll outfits! Any leftover toys after the **sale ends at 11am** will be donated to local charities. For more information, please call Laura Scholefield at 598-1755.

# School and Community News

## Vision and Hearing Screenings

Vision and hearing screenings have just been completed for ALL students. Notices have been sent home if your child requires follow up evaluation by their physician. If you have any questions, please call Dee Dee Adams at 465-2223

## Calling All Creative Students!

You're invited to show off your artistic talents in the **2006-2007 Reflections Program**!! Reflections is a national PTA- sponsored arts program for grades preK-12. There are 6 areas in which one may enter:

- \*Literature
- \*Musical Composition
- \*Photography
- \*Visual Arts
- \*Dance Choreography (New this year!)
- \*Film/Video Production (Also new this year!)

**This year's theme is MY FAVORITE PLACE.** Students are invited to submit an original piece(s) related to this year's theme. Entry Forms/Rules may be downloaded at [www.nhpta1.org](http://www.nhpta1.org) and they will also be available at the HBMS office beginning November 1st. For more information on the Reflections Program, please contact Ellen Kotelly at 594-8814 or Marianne Graves at 465-9747

## "Scouting for Food"

Hollis Boy Scouts, Cub Scouts, and Girl Scouts are participating in "**Scouting For Food.**" **All Scouts will drop off plastic collection bags on Saturday, November 11th.** Collected food will be delivered to the Nashua National Guard Armory and then distributed to local food pantries. Please be generous and help those in need. Please consider donating any canned or dry foods (NO GLASS or perishables please). **Hollis Scouts will collect the filled bags on Saturday, November 18th.** Please leave bags out in a visible location by your door **NO LATER than 8:30 AM.** Rain or shine, Scouts will not ring the doorbell to collect donations. If your bag has not been picked up by 11:00 AM, or if you did not receive a bag, please call Donna at 554-7451. The Scouting community thanks you in advance for your generous donations!

## A Note of Thanks

Teams Hypatia and Prescott traveled to Mt. Monadnock on Friday, October 6<sup>th</sup>. Taking different trails up the mountain, all students from both teams reached the summit, and along with dozens of chaperones, were treated to sunny skies, light winds and spectacular views of the colorful landscape below. The school staff on the trip would like to extend our appreciation to all of the parents who joined us on this great day. Your involvement made our trip possible!

## A Math Note from Mr. Jahns

Remember the story of the little Dutch boy, Hans? <http://www.thehollandring.com/hans-brinker-story.shtml> He is the one who put his finger in the hole to stop the water coming through the dike. Even though he was only very young, he understood that if the hole was ignored, it would grow bigger until the entire dike failed.

The same thing sometimes happens in Math. For various reasons a concept is missed, and a little hole appears. Over time, as new concepts are introduced which depend on the missed concept, the hole grows larger. Upon arriving at a course like Algebra I, which assumes mastery of numeracy skills, fractions, decimals and percents, the hole is sometimes large enough to cause a failure.

So call me 'Hans'. One of my jobs this year is to plug holes. My objective is to prepare kids for Pre-Algebra, so they can be successful in Algebra after that. My hope is that we have a little fun along the way.

## Generations

Seventh graders will participate in **Generations Day on Thursday December 14, 2006.** Generations Day provides an opportunity for parents to involve themselves with the school and their student, as well as to offer workshops of interest. Parents will receive notification and a list of workshops to choose from in the mail a few weeks ahead of time. Please join us!

### CALENDAR OF EVENTS

November 3	"The Canterville Ghost" (Play) 7pm HBMS Gymnasium
November 9	Chorus performance at A.M. Assembly (Veteran's Day)
Nov. 11 & Nov. 18	Scouting for Food in Hollis (drop-off and pick-up)
Nov. 13	Basketball Tryouts 2:30-4:30 HBMS Gymnasium
Nov. 20	Wrestling Tryouts 2:30-4:15 HBMS Gymnasium
Nov. 27	Ski Program Applications Due
December 12	7th Grade Winter Concert Band & Chorus
December 13	8th Grade Winter Concert Band & Chorus
December 14	Generations Day

# Seventh Grade News

## Team McAuliffe Math---Mrs. Fordin

Math is off to an exciting start this year. We have looked at powers and exponents in various ways. Students are able to independently use exponents to write powers, use properties to simplify expressions, explain why a number with zero as an exponent has a value of one, explain why bases with negative exponents have fractional values, and use the appropriate vocabulary when working with these topics. We have even learned how exponential growth can change the world in both positive and negative ways.

We are on a quest to order rational numbers. What does this mean? We will be working with roots, the division model and absolute value. Oh, what fun we will have!!

Finally, last week Team McAuliffe announced the team "Math Geeks" for September and October. They are: Taylor Skilling, Bridget Keehan, Brian McAndrews, Chris Lovering, and Andrew Pearson. Congratulations to all!!

## Team McAuliffe History-Mrs. Connelly

What is History? Students started the year by making books, interviewing family, taking surveys and creating a definition of History. We discussed our discoveries that History is a perspective and record of events, people and places throughout time. We all are creating history with the life we live. Our thoughts, ideas and actions can change the present, tomorrow's past. The classes also discovered that History is in all areas of our lives.

We moved on to review Ancient Rome where students became map makers, used timelines to learn about various Roman Caesars' and Emperors' reigns, focusing on Julius Caesar, Augustus, Hadrian, Marcus Aurelius and Nero, and recognized word origins as we explored some Latin terms. Students found that we still use some of the same words today!

Students are working well with homework almost every day. And yes, there are days when I assign going outside for homework. I am hoping to motivate students' thinking, sharing, and experiencing life. It is through living that we create history. Here's a question to think about... If you could change history, what would you change?

Presently, we are beginning to explore the events which caused Rome to fall and will begin the 'Rise of Christendom' in the next few days. Please check out Team McAuliffe & Mrs. Connelly's Class Page. <http://www.hbms.k12.nh.us/connellys>

## Team McAuliffe Science-Mrs. Evans

Our seventh grade scientists are exploring the central nervous system, focusing primarily on the brain. Our school year began with students discussing at length Howard Gardner's "Theory of Multiple Intelligence." Each student determined his/her area of greatest intelligence, thus allowing each one to note the strengths he/she brings to our science class, team, and school. Come see our "intelligence" board in room 101!

To further enhance our study of the brain, each student, through a series of questions and discussions, determined his/her own dominant hemisphere in the brain. The results are as follows:

- 31 %-right brain
- 15 %-whole brain favoring the right
- 27 %-whole brain
- 22 %-whole brain favoring the left
- 5 %-left brain

Regardless of the results, we are just so happy they are "using their brains".....

To help better understand the function and structure of the brain and spinal cord, our scientists had an opportunity to dissect a cow spinal cord and a sheep brain. As the students worked in pairs, they tapped into their interpersonal, kinesthetic, spatial and mathematical intelligences while feeling, exploring, measuring and cutting. The most challenging part of the spinal cord dissection was to cut seven equal pieces. The most challenging part of the brain dissection was to cut twelve pieces and put it back together to make the brain look as if there were no cuts made at all. Congratulations to our students for demonstrating maturity, responsibility and cooperation during their first two dissections. I am very proud of our scientists!!!!

## Team McAuliffe English-Mrs. Rasmussen

Team McAuliffe English students are delving into the deep dark mind of Edgar Allan Poe. We watched the A&E biography of Poe and wrote about his tragic life and its influence on his writing. We read "The TellTale Heart" in class, with an audio tape, and students are currently illustrating passages from the story. Along with the Poe short story, students are also reading short stories on their own for their October reading assignment. As a class, we are looking closely at the craft of short stories by studying the elements used to create stories, such as plot structure, point of view, conflict, theme and mood. At the beginning of November, each class will be creating a PowerPoint presentation showcasing the function and importance of each story element. Pairs of students will be assigned one element to define and explain in four slides. Students will work in the computer lab from Nov 13-17 on their PowerPoint projects.

# Seventh Grade News

## Team Jordan Math-Mrs. Hall

Math is off to an exciting start this year. We have looked at powers and exponents in various ways. Students are able to independently use exponents to write powers, use properties to simplify expressions, explain why a number with zero as an exponent has a value of one, explain why bases with negative exponents have fractional values and use the appropriate vocabulary when working with these topics. We have even learned how exponential growth can change the world in both positive and negative ways.

We are on a quest of ordering rational numbers. So what does this mean? We will be working with scientific notation, roots, the division model and absolute value. Oh what fun we will have!

## Team Jordan History-Mr. Capraro

On Team Jordan in History, we are just finishing our study of the end of the Roman Empire. We have been paying particular attention to the “new” religion in Rome: Christianity—where it came from, what it believes and most importantly, its effect on the Roman Empire in the first few centuries AD. From there we moved to the fall of Rome and the split of the Roman Empire into the Byzantine Empire of the East and the Middle Ages of the European West. One of our favorite parts of this chapter was the creation of a Roman theater mask. The students were asked to research a figure from Roman history or literature and create a mask to represent that person. The results were amazing!

We also took a brief look at Celtic illuminations. These were elaborately-designed letters used to decorate the pages of a hand-copied Bible. After looking at some illuminations, I asked the students to try their hand at making one. They soon found out that making an illumination is not as easy as it looks! The illuminations made by the students will be organized into words and hung up as a banner in the classroom. Stop by sometime and check out both the masks and the illuminations!

We will finish up our unit on the Fall of Rome and Christianity by reviewing all of the vocabulary and important people in the chapter as preparation for the chapter test.

## Team Jordan Science-Ms. Ellerin

Ameobas, protists and bacteria, oh my! The scientists of Team Two have started out the year with a unit on cells. Though these are the basic unit of life, cells are far from basic themselves. In this unit, students are developing microscope skills with plenty of hands-on opportunities. Students practiced focusing on prepared slides, drawing their observations, and computing total magnification. We then moved on to more challenging microscope work by viewing live animals through ready slides and wet mount slides. Students then furthered their microscope skills by not only preparing a wet mount slide of their own cheek cells, but staining these cells as well in order to see some of the organelles found in eukaryotic cells. Finally stu-

dents prepared a wet mount stained slide of bacteria cells found in yogurt as a way to compare the differences between eukaryotic and prokaryotic organisms.

Along the way, students were introduced to dichotomous keys which were used to identify the single-celled animals being observed under the microscopes. Students were also introduced to eight organelles of a typical animal cell and the key characteristics of living things. As a culminating activity for this unit, students will take part in a debate that centers on the real-world issue of cells, namely stem cell research and cloning research.

The next unit of study will be the circulatory system. The three essential questions that we will be exploring are: where does body heat come from, how does the circulatory system relate to body heat and how does the circulatory system relate to body cells. We will start by viewing blood smears under the microscope, testing blood samples (simulated) to find blood types and making a model of blood vessels before going onto the heart itself. This unit contains our first dissection--the heart.

## Team Jordan English-Mrs. Mendola

As a new teacher to HBMS, I've felt welcomed by the school community and I've enjoyed meeting students and parents! In Team Jordan English, we've been exploring the theme of immigration and citizenship. The short stories, novels, and poetry that we've read about these themes have sparked our curiosity about what it's like to move to a new country, how immigrants become citizens, and what citizenship means to us in general. We have developed intriguing thesis ideas based on these topics, and we are asserting our views in effective essays.

For our immigration unit, we are also interviewing immigrants who have moved to the U.S. I wish to thank the parents who have set up interviews for their children, and especially those parents and Mrs. Banks, who will be coming into our classroom to be interviewed. We look forward to your visits! The opportunity to interview people about their native countries and customs is invaluable. The students will also synthesize the interview transcripts into engaging narrative oral histories. The oral histories will be published on the Jordan English website (see the 'Team Publications' menu selection).

The website also contains student book reviews submitted for October (see the 'Book Reviews' menu selection). Please email your reviews if you want to be published. I have been very impressed with some very sophisticated character and theme analyses!

I am very excited to be working with all of you. We have a lot of work to do this month, and I'm pleased with how enthusiastically you have rolled up your sleeves and begun the writing process.

# Eighth Grade News

## Team Hypatia Science—Mrs. Smith

**Welcome to Earth Science!** We are off to a wonderful start to the year. Safety in the classroom has been the topic since the first day of school. Lab safety tests have been completed and all students are ready to participate in the laboratory.

Junior scientists are fully engaged in the Sun-Earth connection. As part of this unit I have asked students to identify the International Space Station during the early morning. I have had some wonderful feedback to this observation. At this point in the unit we are trying to solve a mystery. The date is fictitious, but the information is real. Students need to find out what made the lights go out for several days in January, creating havoc in three large cities around the U.S. The discussions are full of inquiry, curiosity, and simple theories. Our first lab is going to involve building and testing a magnetometer. Perhaps this will tell what caused the lights to go out?

Students who go beyond the classroom are rewarded with extra credit points. Students who report to me about any earth science “happenings” or events will be given five extra credit points on a test or quiz. A maximum of (four) articles, news events, etc. will be accepted for each quarter. Extra credit will be accepted up to November 3, 2006. Stay tuned for updates on the mystery and be on the lookout for natural phenomena!

## Team Hypatia U.S. History—Ms. Lawler

History this year is off to a great start. Students participated in a debate on whether or not Columbus was a hero. Students researched both sides of the issue and then were assigned what information they would present. During this assignment we talked about how to determine whether or not a source is reliable. This information was very valuable while researching in the computer labs.

After the debate, students were given the chance to express their own view of Columbus through a Final piece. They were given the option of writing a persuasive essay, a narrative, or creating an illustrated book. The Final piece allowed students to develop and express their own opinions about Columbus, as well as practice their writing skills.

This year students will learn how to write research papers. All students will participate in the DAR American History Essay Contest. The essay will focus on Jamestown, and students will be writing a letter from the perspective of a Jamestown settler. By the end of the year all students will be familiar with in-text citations and creating a works cited.

## Team Hypatia Math—Mrs. Rossetti

Students are following in the steps of their namesake by their tenacity and hard work with fractions. After battling through dimensional analysis, the Algebra students are solving multi-step equations using the various algebraic properties. They will continue to solve linear equation word problems in a five-step process and then onto graphing linear equations using intercepts, slope and graphs.

The 8<sup>th</sup> grade math students have worked hard in reviewing their knowledge of fractions. They will begin a new unit on data, statistics and probability where they will delve into measures of central tendency, quartile values and lines of best fit using the graphing calculator as a tool.

The newest tool in our geometry class, The Geometer's Sketchpad, has been installed and the students are enjoying learning how to use it. They have finished Chapter 1 and now will begin work on inductive and deductive reasoning as well as angle relationships. The computer software will be used as an investigative arm to the geometry class.

## Team Hypatia English—Mrs. Gruposso

The focus for Team Hypatia's eighth grade English classes has been writing: informal journals, essays, poetry, and short stories. Students have analyzed a variety of poems and short stories, observing structures that might be useful in their original work. Journals have given an opportunity to explore ideas and styles and have been used as a source for writing ideas. Having written several informal essays, students have now begun their very formal contest essays for either the VFW (Citizenship in America) or the FLEET Reserve (The Bill of Rights and Me). These will be due in early November. These contests will be followed by “Letters About Literature,” a national contest sponsored by the Center for the Book in the Library of Congress, which will be due the first week of December.

Students have also been reading historical fiction, including *April Morning* by Howard Fast. As they read, students gather information about story structure and are comparing the historical structures to the fictional. The culminating activity will be an original broadside: our first assignment in the computer lab. Using events of *April Morning*, students will choose, write, format, and lay out a variety of original pieces including a news article, editorial and obituary. In addition, students may use any of the historical fiction they've read in October to write a twenty-line poem in rhymed couplets. They will have an opportunity to earn extra points by adding music.

Study skills is continuously emphasized as the Team helps students learn to plan their assignments. Time management using the Agenda, as well as the organization of the binder, are critical skills that contribute to student success. Over all, Hypatia students have had a strong start to the new school year.

# Eighth Grade News

## Team Prescott History—Mr. Lyle

Students began the semester with 2 ½ weeks in the computer lab developing PowerPoint presentations on the Native Americans. I'm happy to report that these were a big success for the most part. These also served to go to the state as evidence of working toward mastery of technology. Mr. Gruce and I collaborated on this project from the beginning.

Next, we delved into the mystery of the poor English settlers at Roanoke Island, a sad episode in colonization. On a happier note we studied the good folks at Jamestown and how they succeeded in making a go of it over here in the New World. This was followed by another successful experiment in colonization at Plymouth. We studied the ins and outs of how they made things work, their relationships with the Native Americans, their work ethics, etc.

Lately we've been studying how the Middle and Southern colonies developed and the differences and similarities of each. Soon we'll be studying colonial lifestyles, government, politics and culture of the entire colonial period.

Team Prescott will be voyaging off to Salem, Mass. on November 3<sup>rd</sup> to visit the Witch Museum and Witch Dungeon Museum in an effort to learn more about the hysteria that gripped the Mass. Bay Colony there in 1692. If you are interested in chaperoning please contact me at the middle school.

## Team Prescott Science—Mr. Bond

After brushing up on their lab skills in the first few weeks of school, Team Prescott Earth Science students have been exploring the shaky business of plate tectonics. Several recent activities in the lab have explored how the earth's internal heat provides the forces necessary to crack and shift the relatively thin crust of the earth. One activity in particular, helped to answer why the seafloor is lower than the continents. In upcoming activities, students will discover the consequences of living on a dynamic planet – the constant activity of earthquakes and volcanoes.

Now that testing has been completed we can get back on track again. During the months of October and November, we will be studying plate tectonics, volcanoes and earthquakes respectively. I have presented a PowerPoint presentation on plate tectonics. Students have become quite curious about the geological processes of our Earth. Please ask your child to describe Pangaea. I am sure they will be able to give an accurate description into the theory. This unit will aid each student's understanding of what a restless Earth we really live on.

Speaking of the restless land masses and following plate tectonics, volcanoes will be the next unit. Each student will report about his/her favorite volcano. They will adopt this volcano and research its characteristics as well as give its exact location using longitude and latitude. A slide presentation will be presented to the students about our very own volatile volcano, Mt. St. Helens. Keep an eye out for all the natural phenomena that happen! When will she erupt again?

Don't forget, before the quarter slips away bring in those extra credit articles on plate tectonics, volcanoes, and earthquakes. The due date for the extra points is November 3, 2006.

## Team Prescott English—Mrs. Coutu

I write to you after reading students' reactions to our field trip to the summit of Mount Monadnock. We had such a spectacular day and wonderful chaperones that helped make

the event a success. Most students commented on the unbelievable views and the feeling of being on top of the world. The energy from their writing is contagious and can inspire us to climb the many mountains we will face this year.

I've enjoyed getting to know the students through their writing this year. The Graphically Me assignment is still on display in the classroom and is visited by parents, staff and students as they walk through. We used the graphs to generate our beginning of the year essay assignment to assess our skills. We have since reviewed the essay writing process and are working on including all the key elements in our essays. Contest Essay season is upon us with our first batch to be developed before November 1<sup>st</sup>. For creative writing, we have been completing "quick writes" at the start of class. For quick writes, I give the students a topic or an image through poetry or pictures from which they write. These quick writes have helped us develop ideas for writing. The testing caused a halt in the development of an argument/point of view piece we were developing. Soon we will revisit that writing piece. I stressed that this is a year of writing and the students are quickly seeing that I am a woman of my word.

As far as literature, students have been engrossed in their own novels so far this year. September's genre was free choice which helped encourage them to develop healthy reading habits and become used to the page requirements. We are currently reading historical fiction, with a focus on April Morning in the classroom. This novel is about the beginning of the American Revolution and is a nice connection to the history curriculum. During our next field trip on November 3<sup>rd</sup>, we will be visiting the Lexington Green which is a critical location for the war as well as the setting of the novel.

What will be our next mountain to climb in English? We will be working on our mystery, suspense, and tension unit in November and December. As always, feel free to check out the website for information about what is going on in class.

## Team Prescott Math--Mrs. Mezzocchi

Team Prescott math classes have started off with a bang. The Pre-Algebra students are becoming phenomenal at recognizing patterns and writing a formula for the "Nth" term. This is an incredibly abstract skill and a number of students have mastered it already. I have great expectations for the types of topics that we might explore this year in Pre-Algebra classes.

The Algebra classes are moving along quite nicely. They are reviewing key areas that they are expected to have mastered in seventh grade. Their enthusiasm is contagious and we get to play some fun games that help to expand their thinking skills. Although, I'm not quite sure if the toys (illusions) on my desk are a deterrent or promoter of good thinking habits.

In Algebra II, we are flying through the curriculum. We will be doing some projects that I am sure will be mind boggling to all. My Rubiks Cube always gets put back into its original form no matter how 'messed' up it gets. Thanks Ryan!

If the beginning of this school year is any indication of how things will go then I am looking forward to a great year in all math classes.

# INTEGRATED SPECIALS

## Family and Consumer Science

Ovens ready! This year your child will be learning all the basics of sewing, cooking, and much more. The talented and experienced Mrs. Sarvaiya will help your child understand the importance of kitchen safety and kitchen hygiene. Do you ever wonder when you're going to repay grandma for all those sweaters she knitted for your birthday? Well now is the time! Mrs. Sarvaiya will tell you all about the mechanics of sewing, and how to be safe, precise, and accurate. Parents: No need to fear when your child comes in contact with an oven or stove! Mrs. Sarvaiya goes above and beyond to teach students safety tips to make cooking safer. When your child enters Mrs. Sarvaiya's room, they know they are about to take a new step into learning; a step that will matter very much in their life.

What should I have for an after school snack? The choice is yours! This year your child will learn the basics of nutrition, and how to stay healthy. Mrs. Sarvaiya will show your children movies on how to stay healthy, and to keep up a diet that will let your child, and your child's bodies succeed. We will be making healthy cookbooks, cooking nutritious meals, and having fun while learning how to take care of ourselves.

"Clean up that spill!" How many times do you have to tell your child that? Well don't worry, the problem stops here. In Mrs. Sarvaiya's room, she teaches you to ALWAYS clean up your messes. She also teaches you to clean all the time because there are germs everywhere. In this wonderful Family and Consumer Science class, your child will learn how to be a better helper at home, and a cook as well. Mrs. Sarvaiya can guarantee that your child will walk out of her class being able to cook, clean, and create a better environment for themselves, and others. **By Leda**

## French--Mme. Cloutier

Tout va bien ici chez nous!

7<sup>th</sup> Graders are doing quite well with the new text that we have in French class. The first chapter introduces sports and activities that students enjoy, and they are describing these activities in French. They sound very nice when working with one another and have had fun using the vocabulary in different ways. We are almost done with Chapter 2 and are able to move at a good pace.

8<sup>th</sup> Graders had a rather quick review in early September and have already done two chapters in the new section. They learned summer activities in Chapter 9 and enjoyed discussing their vocabulary with new words for activities at the beach. They sound wonderful and are using their very good study habits that they learned with Mme. Rankins and Mme. Ravanelle last year. We are now preparing for an in-class fashion show as a small project for our clothing chapter. The students are enjoying getting ready for this, describing outfits and practicing their speeches. Bonne chance!

## El Español—Senora Banks & Senora Lash

Welcome to our 7<sup>th</sup> grade students and welcome back to our 8<sup>th</sup> grade students!

Our 7<sup>th</sup> grade students are transitioning well into a language class that meets every day. We are taking many opportunities to talk about how to prepare for class and discussing strategies for required nightly independent studying. Our unit theme focuses on friends and school. We are beginning to take a look at different parts of speech and how they relate to each other in Spanish. It is fun to see the similarities and differences between the two languages!

In 8<sup>th</sup> grade we, too, are reinforcing strategies that enhance the quality of our work. We have just completed our ski/skate theme. We learned how to talk about these and other winter sports. We are now starting our unit on health. I wonder which of the Spanish classes will have the healthiest habits?

Hasta la proxima vez!

## Health & Wellness--Ms. White

One and two and three and four and... Team Prescott students should be all too familiar with this count-off. Students had the opportunity to become certified in adult, child and infant CPR, as well as in first aid. Counting out loud can help students remember how many of the thirty compressions they have done. For the last three weeks, Team Prescott has been working hard to become proficient in the skills needed to perform CPR and First Aid. James N., Jesse M., John K., Dalton S. and others did an excellent job modeling just how to help a choking infant. The students have taken written tests as well as practical tests with mannequins, and have done a great job. Thank you to all the volunteers who came in to help with mannequin testing. Cathy C., Dr. Chuck, Jonie L., Ellen W., Mrs. Cleveland, Beth H., Tami S. among others, were crucial to the success of students.

Previous to our CPR unit, Team Prescott analyzed magazines for the messages sent to us from magazines. We explored the depiction of women and men. We discovered that what is shown to us in the media and what is healthy are two very different things. We also looked at the emotional impact these things have on us. Finally, we looked to how the social climate in the United States has an impact on eating disorders and their prevalence.

Team Prescott will wrap up its time in health class with a unit on career development with Mr. Melillo.

# Integrated Specials—Cont'd

## Library Media Center--Mrs. Jahns

Celebrate your freedom to read! During Banned Books Week, which has been observed since 1982, the LMC displayed lists of books often challenged or banned in various places and times. Some students were surprised at titles they saw on the lists, and Grade 8 English classes discussed why a book might be challenged or banned.

In October, the LMC is recognizing Teen Read Week: See the Young Adult Library Services Association site for their proclamation and a listing of nominated books from teens across the country:

<http://www.ala.org/ala/yalsa/teenreading/teenstopten/teenstopten.htm>

HBMS students have the opportunity to nominate their own favorite books at lunches during the week of Oct. 16, 2006. Top books will be announced following the final voting.

Students have been learning about the databases available on the Library Media Center page located on our school website: <http://www.hbms.k12.nh.us/> The "on-line magazines and newspapers" link will display three databases: EBSCO, NewsBank, and BIOGRAPHY RESOURCE CENTER. Students may access the databases from school or home. Have your son or daughter show you the information offered on these databases!

## Fall Art News--Mrs. Papadeas

Team 3 art students have been working with various types of scratchboard. The first assignment the students had was working with a very bright multi-colored scratchboard. They were asked to design a composition that had to do with the 60's and 70's design images. We talked about the art of Peter Max for inspiration. As a result, there was a wide range of pictures that were completed. Images of peace signs, suns, clothing and words such as love, and peace were scratched into their scratchboard. Students were asked to arrange their images in a radiating design with a center of interest. The results were very dramatic and colorful. Their art truly will remind you of the "Age of Aquarius."



The second kind of scratchboard that the students worked with is a white-based board. In this assignment the students worked with textures of fur, feathers, and scales. First, they were asked to do some research on an animal, bird, or insect that they were interested in sketching. Then they were asked to draw and color a finished picture of this with a background or some type of prop. The drawings were to be as realistic as possible and with great attention to details. Students then traced their subjects onto tracing paper and then transferred the images to scratchboard. When using this type of scratchboard they were asked to use a stylus to make their scratches on the board. They were instructed on the various techniques of making marks such as cross-hatching and stipple dots. For a more challenging and advanced project, students who felt that they had enough time could try silver scratchboard. It was suggested that they try to produce images that had a very silver metallic look. So far a wonderful elephant and a robotic image have been done.

Team 3 would like to say thank you to Miss Marcotte for all her art guidance and help. Miss Marcotte is a student teacher from Rivier College and will be joining Mrs. Russell at the Hollis Elementary school to experience a different level of art education. We will miss Miss Marcotte and wish her all the very best.

## READING

Mrs. Dufresne and Mrs. Lucas



<p><b>Improving Comprehension</b></p> <p><u>Preparing for standardized tests</u></p> <p>Reading comprehension is a part of most standardized tests. How can you help your child improve his understanding of what he reads? Try a "paired reading."</p> <p>First, you and your child silently read the same part of a story, an article, or a textbook. Try two or three paragraphs to start.</p> <p>Next, one partner listens while the other reader summarizes aloud what she has just read. She might say, "I learned that sedimentary rocks are made from pressure." After summarizing, the listener provides corrections or additions to what he heard. <i>Example:</i> "We also learned that igneous rocks come from cooling lava."</p> <p>Then, each of you reads another two or three paragraphs and changes roles. Switch back and forth until the whole story, article, or chapter is read.</p> <p>This activity is a good study aid for subjects like science or history – and it builds listening skills.</p>	<p><b>Historical Fiction Recommendations</b></p> <p><i>Pocahontas</i> by Joseph Bruchac</p> <p>Told from the alternating viewpoints of Pocahontas and John Smith, this well-researched novel describes their lives and the encounter between Powhatan and the English colonists.</p> <p><i>A Boy No More</i> by Harry Mazar</p> <p>Adam tries to help his best friend find his father, a Japanese American who has been taken to an internment camp.</p> <p><i>Code Talker</i> by Joseph Bruchac</p> <p>During World War II, Navajo Marines were a crucial part of the U.S. effort, sending messages back and forth in an unbreakable code based on their own language. Now, 50 years later, their top secret story is finally told by an award-winning novelist.</p> <p><i>Nine Days a Queen, The Short Life and Reign of Lady Jane Grey</i> by Ann Rinaldi</p> <p>Jane was the Queen of England for only nine days before being beheaded at the age of 16 by her childhood friend.</p> <p><u>Scholastic Book Clubs, Inc.</u>, Jefferson City, MO: Scholastic Books, 2006.</p>
<p>A good mystery is hard to pass up:</p> <p><i>And Then There Were None</i> by Agatha Christie</p> <p>Ten guests are invited to a weekend retreat at a secluded mansion. By Monday, all will be murdered! Who did it and why?</p>	<p>Some websites for finding great books</p> <p>ALA Resources for Parents, Teens and Kids Yalsa (Young Adult Library Services Assoc):</p> <p><a href="http://www.ala.org/ala/yalsa/yalsa.htm">http://www.ala.org/ala/yalsa/yalsa.htm</a></p> <p>The Book Bag:</p> <p><a href="http://www.teenreads.com">www.teenreads.com</a></p> <p>Teen Hoopla:</p> <p><a href="http://www.ala.org/teenhoopla">www.ala.org/teenhoopla</a></p> <p>PSLA Book Reviews:</p> <p><a href="http://www.psla.org/association/committee/mediaselectionandreview/topforty.php3">http://www.psla.org/association/committee/mediaselectionandreview/topforty.php3</a></p>

# Music, Band, Drama & Clubs

## Chorus --Mrs. Spencer

In only a short amount of time, seventh grade choral students are sounding wonderful! We have taken apart, note by note, the warm-up "Coffee" by Karl Hering, and we now practice in three groups as a round. **Our first performance will be on November 9<sup>th</sup> for our Veteran's Day Assembly.** We will be singing "Land That We Love" by Jill Gallina with the eighth grade chorus in our gym. Choral students do not need to wear concert dress outfits for this assembly. This week, we are starting our winter program songs.

Thank you to all eighth grade choral students for a fantastic opening to our school concert season. We have been singing a new song, "Coming Home" by Jay Althouse, for our Veteran's Day Assembly on November 9<sup>th</sup> in our gym. Last year's assembly also started the tradition of singing "Land That We Love" by Jill Gallina as a combined seventh and eighth grade song. I look forward to seeing and hearing the eighth grade chorus model good concert etiquette and singing for our seventh grade chorus. Choral students do not need to wear concert dress outfits for this assembly. This week, we are starting our winter program songs.

## Band --Mr. Depine

In **7<sup>th</sup> grade band**, the emphasis has been on evaluation of skill levels and review and reinforcement of previously learned skills. As we have progressed through the quarter, students are being introduced to new music in preparation for our winter concert on December 12<sup>th</sup>. Selections we have been rehearsing include, "A Chanukah Festival", "Frosty the Snowman" and "Windsor Overture". The students are off to a great start. Hope to see you at the concert!

In **8<sup>th</sup> grade band**, the emphasis at the beginning of the quarter has been to review and reinforce previously learned skills. Concert music is now being introduced in preparation for our concert on December 13<sup>th</sup>. Selections we have been rehearsing include "A Holiday Fantasy", "Armed Forces Salute" and "Basin Street Blues". Students have been progressing very well in preparation for this program.

Jazz Ensemble has also been meeting on Wednesday from 4:30 to 6:00. Interested students are welcome to participate. Hope to see you at the concerts!

## Drama Club

The Hollis Brookline Middle School Drama Club will be presenting The Canterville Ghost on Friday, November 3<sup>rd</sup>, at 7pm in the Gym. This Oscar Wilde play has been adapted by Tim Kelly and is presented through the courtesy of Baker's Plays. Tickets are \$5.00 and will be sold at the door. Doors open at 6:30 pm.

Please join us in an old English Chase (a manor house) and enjoy the **cacophony** as an American family **cultivates**



the friendship of their new English acquaintances. Matters soon whirl out of control as Sir Simon, the resident ghost, becomes **disgruntled** and makes living in the Chase difficult for everyone. Finally, as a last resort, Madame Balaklava, a psychic researcher, is called upon to banish the ghost. Unfortunately, things go awry and the **charlatan**, Madame Balaklava, ends up inviting a whole houseful of ghosts to visit.

The cast and crew have been working hard and are **eager** to share this **enthralling** play with you. Mark your calendars and join us on November 3<sup>rd</sup>.

**TRYOUTS FOR OUR WINTER MUSICAL OKLAHOMA** will be Thursday, December 7<sup>th</sup>. Students wishing to try-out should sign up with Mrs. Adams for a time slot for their audition. You may sign up after Thanksgiving vacation

## General Music--Mrs. Spencer

**7<sup>th</sup> Grade Classes** have recently completed a unit on the study of rhythm. Students composed and performed speech ensembles based on the rhythmic concepts studied in class. We are now beginning the application of these concepts to the MIDI keyboard. Skills on the keyboard are now being practiced through the mastery of keyboarding exercises. These skills will continue to be developed throughout the year.

**Eighth grade students** have learned new piano skills in the last few weeks of general music. Students first practiced the right hand melody to "America" for a sticker. Next, students practiced the left hand chord pattern for a checkmark. Finally, both hands were practiced together for a project grade. Superb work by all! If you have access to a piano or a synthesizer (electronic keyboard), ask your son/daughter for a personal performance of "America." Our next unit will be acoustic guitars.



# SPORTS & PHYS. ED.

## BOYS SOCCER--Mr. Lyle, Coach

The Hollis Brookline Middle School **Boys Soccer Team** ended their season with 6 wins, 3 losses and 1 tie game. Great work by midfielders redirecting balls to fullbacks and sweepers! Offense also did a great job with ball control and passing in tight situations and assists in goals. Great sportsmanship and effort led the team to the semi-finals against Hood on October 24th where the boys lost after a hard fought game! Coaching the boys' soccer team once again this year was 8<sup>th</sup> grade Social Studies teacher Coach Barry Lyle.



## GIRLS SOCCER--Mr. Gray, Coach

The Hollis Brookline Middle School **Girls Soccer Team** had a great season with 10 wins and 1 tie game this year. Great job by sweeps and halfbacks in defense. Offense did an equally great job fighting for the ball and maintaining control. Many great shut-outs and great teamwork led the girls to the semi-finals against Hood on October 25th where the girls were victorious with a score of 4-0. On October 27th the girls played Amherst in a hard fought final losing 0-1. Coaching the girls' soccer team again this year was Coach John Gray.

## FIELD HOCKEY--Mrs. Smith, Coach

The Hollis Brookline Middle School **Field Hockey Team** played some intense games this season ending with 2 win, 6 losses and 4 ties. Defense did a great job moving the ball through the field and pushing to the offensive line. Offense worked equally hard, constantly trying to gain ground. Great stick handling and determination by all! Coaching the field hockey team once again this year was 8<sup>th</sup> grade Science teacher Patricia Smith.



## VOLLEYBALL--Ms. Dunbar, Coach

The Hollis Brookline Middle School **Volleyball Team** had a great undefeated season with 9 wins and 0 losses. Having played Milford, Boynton, Windham, Mountain View, Nashua Catholic, Elm Street, Pennichuck, Fairgrounds and Timberlane, the girls were victorious on all occasions. The girls have come out strong with great digs, many aces and kills leading to their wins and placing them in the semi-finals against Pennichuck on October 25th where they won once again with AWESOME plays! On October 27th however, the girls faced Fairgrounds in the finals losing their first two sets. Coaching the girls again this year was Coach Amy Dunbar.



## CROSS COUNTRY--Mr. Johnston and Mr. Picariello, Coaches

The Hollis Brookline Middle School **Cross Country Teams** were off and running for the season with 25 boys and 14 girls. Battling some powerful schools, the teams did very well, always placing overall finishers in the top three slots. The girls have taken four 1st Place and three 2nd Place slots, while the boys have three 1st Places, two 2nd Places and two 3rd Places. Competing in the Tri-County League Championships on October 14<sup>th</sup>, the girls finished a strong 3rd with Felicia L. placing 1st in her division and 4th overall out of 363 girls. The boys finished 2nd with division finishes of 11th, 12th and 13th by Eric S., Brandon W. and Chance T. On October 21st at the State Meet the girls placed 2nd out of 46 teams and the boys placed 4th finishing a great season. Coaching the team once again this year was 8<sup>th</sup> grade Physical Education teacher Coach Ron Johnston along with Industrial Arts teacher Coach Paul Picariello.



## PHYSICAL EDUCATION—Ms. Bottcher

The seventh grade classes began the year with a game from Switzerland called Tchoukball. This game requires the students to work together throwing and catching a ball without any defense. The object of Tchoukball is to rebound the ball off one of the two frames located at either end of the playing field so their opponent cannot catch the ball on the fly. The students are now studying the Olympic sport of field hockey played by both men and women. They are working on skills and basic strategies needed for small game play. It is advised that students wear shin guards during these games.



## PHYSICAL EDUCATION--Mr. Johnston

The 8<sup>th</sup> grade students just finished a Frisbee unit in physical education class. We divided the classes into four teams of 5-6 players and played a "round-robin"-style tournament, crowning a champion on the last day. Transition from defense to offense and offense to defense was a priority in class and it kept the students moving at a fast pace. The skill and health-related components of physical fitness along with pedometers were integrated into the class.

Soccer will be the next unit of activity for the eighth grade. Basic skills and rules will be learned, although positioning, teamwork, and transitioning will be a prime focus for our students.

# SPORTS & PHYS. ED.

## WINTER INTERSCHOLASTIC SPORTS

### Basketball

Tryouts for the HBMS team will begin on Monday, November 13<sup>th</sup> right after school until 4:30. All students trying out should arrange to be picked up in front of the school promptly at 4:30.



### Wrestling

There will be an informational meeting of all parents and students interested in learning more about this team on Monday, November 20<sup>th</sup> at 2:30. Practices will begin on Monday, November 27<sup>th</sup> from 2:30 - 4:15. Students should arrange to be picked up in front of the school at 4:15.



### Ski Time!!

The ski season will soon be upon us. This year we are in need of someone to volunteer as an **Assistant Coordinator**. That is, to be responsible **every Monday**, to pass out and collect ski badges, take an attendance sheet to the lodge, bring students for their ski rentals, and oversee that students are well-behaved and rules are followed.



Beginning January 8, 2007, HBMS students go to **Wachusett Ski Area** Monday afternoons/evenings for six consecutive weeks. **Coordination is done by the HBMS office** with applications, collections, and buses. However, in order to run the ski program smoothly as in previous years, we are looking for parent volunteers who are willing to chaperone each week. Chaperones are needed to ride with students on the bus, as well as be present at Wachusett Ski Area. It is **not necessary for parents to be skiers** as we also need supervision for students in the cafeteria and the lounge. Please consider whether or not you would enjoy spending some extra time with our students, be it skiing or just watching them have fun.

Applications for HBMS ski program will be available in the office beginning November 20<sup>th</sup>. **The return deadline for ALL applications is November 27<sup>th</sup>**. However, students should return their applications as soon as possible, as **eligibility is on a first come, first serve basis**.

Remember, in order to run a successful ski program for our 7th and 8th graders, **parent volunteers are a necessity**. If your child enjoys skiing, please consider helping us out! If you can help or for more information, please feel free to contact Linda Desmarais at the Middle School at 465-2223.

**DUE TO A CONFLICT IN SCHEDULES, ANY STUDENT PARTICIPATING IN INTERSCHOLASTIC BASKETBALL OR WRESTLING IS NOT ELIGIBLE FOR THE SKI PROGRAM.**

## NOVEMBER MENU

<b>FRESH FRUIT OR 100% JUICE AVAIL- ABLE DAILY</b>	Please be sure to include your student's first/last name and student ID # on all checks.  Thank you!	<b>1</b>  <b>No School!</b>  Teacher Workshop Day	<b>2</b>  Chicken Fajita Subs Onions & Peppers Chilled Fruit	<b>3</b>  Grilled Cheese w/ Soup Vegetable Chilled Fruit
<b>6</b>  Chicken Tenders Rice Vegetable Chilled Fruit	<b>7</b>  Ham & Cheese Bagel Pretzels Vegetable Chilled Fruit	<b>8</b>  Little Caesars Pizza <i>or</i> Chicken Salad Sandwich Vegetable Chilled Fruit	<b>9</b>  Chicken Patty on a Bun Corn Chilled Fruit	<b>10</b>  <b>No School!</b>  Veterans Day
<b>13</b>  Mozzarella Cheese Sticks w/ Dipping Sauce Soft Baked Pretzel Vegetable Chilled Fruit	<b>14</b>  Chili w/ Crackers Shredded Cheese Green Beans Chilled Fruit	<b>15</b>  Little Caesars Pizza <i>or</i> Chicken Salad Sandwich Vegetable Chilled Fruit	<b>16</b>  Sloppy Joes Vegetable Chilled Fruit	<b>17</b>  <b>New Item!</b> Pasta Bar! Breadstick Vegetable Chilled Fruit
<b>20</b>  Chicken or Cheese Quesadillas w/ Salsa Spanish Rice Corn Chilled Fruit	<b>21</b>  Chicken w/ Gravy Mashed Potatoes Carrots Cranberry Sauce Dinner Roll	<b>22</b>  <b>No School!</b>  Teacher Professional Day	<b>23</b>  <b>No School!</b>  Thanksgiving Recess	<b>24</b>  <b>No School!</b>  Thanksgiving Recess
<b>27</b>  Chicken Tenders Rice Vegetable Chilled Fruit	<b>28</b>  <b>Cooks Choice!</b>	<b>29</b>  Little Caesars Pizza <i>or</i> Chicken Salad Sandwich Vegetable Chilled Fruit	<b>30</b>  Chicken Patty on a Bun Green Beans Chilled Fruit	

Student Lunch \$2.00 MENU SUBJECT TO CHANGE

Daily lunch alternates- pizza, sandwich, or salad. Milk available in whole, 1%, skim, & low fat chocolate for \$.50